ANNUAL LEADERSHIP CAMP



Venue: Barabantalia High School From 17th to 22nd December,2022

Organized By: Department of Physical Education Mugberia Gangadhar Mahavidyalaya Bhupatinagar, Purba Medinipur -721425

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2022



For B.P.Ed Sem-I & III

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04.01.2023

Principal Mugberia Gangadhar Mahavidyalaya DEPARTMENT OF PHYSICAL EDUCATION MUGBERIA GANGADHAR MAHAVIDYALAYA BHUPATINAGAR : PURBA MEDINIPUR WEST BENGAL : PIN - 721425 NAAC ACCREDATED (B LEVEL) AND NCTE RECOGNIZED INSTOTUTION PHONE NO 03220-270579

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Date: 14.12.2022

Ref. No.- M.G.M /

To

Respected Sir,

We would like to inform you that our Department of Physical Education is going to organize Annual Leadership Training Camp from 17th December 2022 to 22th December 2022 at Barabantalia High School under Contai Police Station with 176 students (85 Male and 91 Female), 12 Teachers (11 Male and 1 Female), 5 Non-teaching Staff members (3 Male and 2 Female), total 193 members under the leadership of Dr. Debasish Ray, Head of the Department.

Now I request you to record the same and do the needful with your co-operation.

Thanking you



Sanyuas Swapan Kumar Misra 14 Principal Mugberia Gangadhar Mahavidyalaya

Mugberia Gangadhar Mahavidyalaya

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ORGANISATION COMMITTEE

Advisory Committee	: Dr. Swapan Kr. Misra (Principal)
	: Dr. Debasish Ray (H.O.D)
Camp Director	: Dr. Mimu Seikh
Joint Camp Directors	: Dr. Anjan Konai & Miss Moumita Sen
Camp Leader	: Pallab Kr. Halder
Assistant Camp Leader	: Rakhi Halder
Unit Leaders :	
Ι	: Piyali Purkait

I	: Piyali Purkait
II	: Soumitra Dinda
III	: Sidhu Mandi
IV	: Rimpa Santra

Sub Committee

Invitation Conveners		: Mrs. Sudipta Das & Mr. Arnab Barman		
	Members	: Satyasundar Sahoo, Sova Patra, Chayanteeck		
		Dhara, Piyali Das Mahapatra.		
Press & Publicity	Conveners	: Mr. Biswajit Dhali & Mrs. Aparna Nanda		
	Members	: Susovan Chanda, Atanu Ghara, Preeti Mal.		
Transport	Conveners	: Dr. Debasish Ray & Dr. Bodhisattwa Pradhan		
	Members	: Rahul Mondal, Supriya Das, Rambilash Hansda,		
		Anima Kundu, Tapasi Saren, Samir Jana, Riddhita		
		Roy, Ankita Mukherjee.		
Advance Team	Conveners	: Dr. Adityanarayan Adak, Mr. Arup Mahato &		
		Dr. Mrituanjay Biswas		
	Members	: Debanjan Jana, Rittwik Mahata, Purna Ch. Pradhan,		
		Thakur Chand Hembram, Mongal Naiya, Rajaram		
		Mondal, All Unit Captain.		
Inauguration & Camp Fire	Conveners	: Dr. Anajn Konai & Miss Moumita Sen		
	Members	: Chinmoy Pal, Sanath Hansda, Ripon Barman,		
		All Unit Captain		
Purchase	Conveners	: Dr. Adityanarayan Adak & Dr. Mimu Seikh		
	Members	: Ranjan Sing, Surajit Hansda, Ritwik Mahata,		
		Debanjan Jana, Satyasundar Sahoo, Subha Roy.		
Treasurer		: Dr. Mimu Seikh		
	Members	: Siburam Sing & Sandip Koley		

Food & Store	Conveners	: Dr. Mrituanjay Biswas & Mr. Gobinda Pradhan
	Members	: Sanjib Rabidas, , Kalyan Laya, Parna Chowdhury,
		Sagarika Kandar, Ananya Dolui, Shyamali Samanta,
		Rimpa Mondal, Dharmaraj Sing, Anjali Bauri,
		Khokon Mahato, Dipali Hembram.
Reception	Conveners	: Miss Moumita Sen, Dr. Adityanarayan Adak &
-		Dr. Bodhisattwa Pradhan
	Members	: Nilanjana Roy, Riya Singh, Sumana Bag, Shilpa
		Ghosh, Nilima Sardar, Puja Yadab, Anima Barman,
		Sharmistha Nayak, Sandip Singha, Amaresh Sing.
Cultural Program	Conveners	: Dr. Debasish Ray, Sk. Khabiruddin, Dr. Anjan
2		Konai & Miss Moumita Sen
	Members	: Moumita Maity,Krishna Neogi, Bahamoni Mandi,
		Moumita Das, Debarghya Dolui, Salma Khatun,
		Ankita Mukherjee, Jayita Barman, Kakun Barman,
		Anupam Mondal.
Health & Sanitation	Conveners	: Sk. Khabiruddin, Mr. Arnab Barman &
		Miss Moumita Sen
	Members	: Sangita Mondal, Mampi Bhandari, Puja Mondal,
		Suchitra Chowdhury, Soma Murmu, Bappi Das,
		Atanu Ghara, Soumen Maity, Pallabi Mondal,
		Sabuj Das.
Sentry	Convener	: Dr. Mimu Seikh
	Members	: All Unit Captain
Game & Sport	Conveners	: Dr. Anjan Konai, Dr. Mimu Seikh & Mr. Arup
		Mahato
	Members	: Amina Khatun, Sanchita Denre, Mahuya Roy, Purna
		Ch. Mandi, Samir Das, Soyel Sabbir Mia, Rahul
		Murmu, Tithi Chatterjee, Sima Barman, Jayanta
		Mandal, Tumpa Barman, Kabita Mahato.
Electricity	Conveners	: Dr.Adityanarayan Adak & Dr. Mrituanjay
		Biswas
	Members	: Abdul Matin, Susanta Das, Sandip Mondal, Pritha
		Biswas. Madan Mohan Ballabh.
News	Conveners	: Dr. Anjan Konai, Dr. Mimu Seikh &
		Dr. Bodhisattwa Pradhan
	Members	: Debarghya Dolui
Anchoring		: Mr. Arnab Barman & Miss. Moumita Sen
	Members	: Preeti Mal, Riya Sing, Somnath Maji, Debarghya
		Dolui, Manbir Murmu.

CAMPING AND OUTDOOR EDUCATION

Philosophy of Outdoor Education-

Outdoor Education awakens the people to a whole world of new ideas. It tends to give them a reverence of life. Outdoor education can serve a great many ends but central to all of it is this awakening in youth of a sense of proportion, a feeling of orientation in the all embracing scheme on earth.

Outdoor education is the method of education. It involves intelligent planning by all teachers using nature and real life experiences into interpreting subject-matter areas found in the school curriculum. Through direct experiences with nature, people, objects, places and actually 'Learning by doing', there is scientific evidence that the learning process faster, what is learnt is retained longer, and understanding for those things that are learnt firsthand.

Outdoor education is the method that can be successfully and intelligently introduced by all teachers, in all subject-matter areas, to supplement and complement written and oral expression. Outdoor education methods involve a coordination of many ideas and involve the borrowing of many desirable educational techniques which have been proposed throughout the history of education.

Experience is the best teacher. Outdoor education is unique as a technique for developing aesthetic satisfaction. The outdoor education programme provides the most desirable laboratory to provide good balance between education for life's work and education for leisure. Hand, head, and heart were made to work together. They should be educated together. The outdoor education programme involves all experiences with living and learning out of doors. The democratic process strengthens the outdoor education programme by developing leadership trait in all children.

Outdoor education was a primary technique of the Greek Era. Before the Roman Empire entered its period of decline it had the most extensive and highly organized system of education that the world had ever known. The terms outdoor education and camping are used synonymously.

PHILOSOPHY OF CAMPING

Camping can be educational as well as recreational. Furthermore the modern age has made recreational skills almost as important as educational skills. Down through the long centuries, history shows that the greatest care has been spent on camping and living in the out of doors. The historical role of camping is not new in the country. Historically camping goes back to the dawn of civilization. Long before there were class rooms, text-books and libraries, people learnt from one another as they struggled to survive in the environment. Camping was as its peak during the Epic age.

Modern organized camps are becoming more democratic, allowing for free participation in activities and in planning of the programme. The interests of campers are ascertained by means of various devices and used as the basic of programme working. The term organization is given to the process of bringing individual elements in a situation into such relationship with each other that they will function as a whole in achieving the central purpose of the enterprise. Since there are many parts in every camp, the necessity of organization is immediately to function effectively in the achievement of its purpose.

Kilpatrick says, "The camp can be thus helping spread a more adequate ideal of education. They (teaches, leaders) must work in season and out that the young committed to them shall live, live well, live nobly finally that they live in their hearts the kinds of traits worthy to be fixed in habit and character". This is the role of the camping education today.

The campers aim in attending camp is 'fun'. He judges every activity on the basics of pleasure and interest. To fail to satisfy the campers aim will result disastrously. The camp provides the experiences that are indigenous to group living in the out of door setting. Through acquiring skills and through participation in the group activities campers gain self-confidence and set their feet on the path of creativity, initiative and co-operation.

THE BESIC BELIEFS FOR THE CORE OF LEADER'S TRAINING CAMP

- 1. Familiarity with, and knowledge of the natural environment is the birth right of everyone.
- 2. An understanding of social relationship as developed through close and continuous contact with teammates is essential to growth.
- 3. Ability to recognized casual relationship as exemplified in the responsibility assumed for freedom choice, and self-determination, is a part of the maturation process.
- 4. Skills in caring for one's self and others, learned quickly and thoroughly with friendly counselors, are highly desirable.
- 5. Proper attitudes concerning authority and responsibility in a democratic society are a "must" for future citizens.

The characteristics elements that constituted an organized camp include Persons, Outdoor life, Living groups, A camp community Leadership and conditions designed to satisfy personal needs and interests and to stimulate wholesome personal social and spiritual development.

OBJECTIVE AND GOALS

- 1. To further the welfare of camper and leaders through camping.
- 2. To extend the recreational and educational benefits of out of the doors living.
- 3. To give emphasis in camping to leadership and citizenship training in keeping with the principle and traditions of democracy.
- 4. To give emphasis to spiritual of opportunities through camping.
- 5. To provide opportunities for fellowship among campers.
- 6. To stimulate high professional standards of camp leadership.
- 7. To provide for exchange of experiences and successful practices, and for development of materials, standards and other aids for the progress of camping.
- 8. To interpret camping to related groups and to the public.





Camp Site



Morning Assembly

VALUES OF CAMPING

Behavior and Social adjustment

The camper's aim in attending camp is 'fun'. A camper judges every activity on basis of pleasure and interest. To fail to satisfy the camper's aim will result disastrously wish for recognition is strong among boys and girls, we see it at every turn in an organized camp. The camp must be recreational, in that it must be satisfying to camper aims but it does not preclude it from doing a very high level of educational work. Every camp has its own camp ways; no two are alike in customs. Being this the Leader's training camp we have definite objectives and ideals, towards which every phase of camp life will be directed. The most difficult lesson that any individual has to learn is how to get along with others and make good use of the opportunities, provided for the campers, to be leaders in future. Life from birth to death is a problem of social adjustment of the ability to live harmoniously with others.

Camping is a great, glad, joyous game, Camps are not built around things, they built around personalities. Leaders' training camp, if it is worthy, is one of the facto shaping campers as leaders socializing, humanizing and civilizing are the factors which c enter the life of the camper. It is social adjustment and the ability to learn and to l successfully with others, it is healthy, joy, strong physique, it is education of a type not found in schools, and it is an appreciation of higher values. These things are largely because contact with fine counselors and campers in a 'doing environment"

The basic unit of camp life is the small group with its potential resources. An individual gets motivated for his quality of leadership, his behavior and is benefited by the experience of give and take, in the direction of a large 'we-ness'. Camp affords admirable conditions to be independent and train a person to the leader. The camp observes and influences him throughout the twenty four hours of the day and faces no requirements setting and climate provides highly favorable conditions for the growth and development of a camper as a leader. Independence and safe direction in the decentralized type of camp are deliberately encouraged. The camp community provides a potentially unexcelled laboratory for leaning the leadership qualities, the attitudes, behavior and skills of democratic through practice.

Educational Values

The educational values of camping are only beginning to be realized, in our country. The camp is free from educational traditions and institutionalism, implicit in rigidly prescribed courses, credits and grades. The genuine vital interests and needs of the individual may readily become the stuff for both the motivation and the content of the curriculum. No external demand need control but rather that campers, shall live well and learn continuously there from how to become good leaders and live better. The camp community possesses most of the elements of the normal community but in simplified form. There is no gap between our life to be bridged, no social forces that are diametrically opposed to educational values and objectives to be circumvented. In the camp the social process and educational process become synonymous. Education is a value by means of opportunity. Perhaps greatest contribution of camping is the opportunity it gives the camper to grow, learn and live as close to nature as is possible in modern society. Camp is rich in opportunity for sensation the camper to the deep meanings and values of life in the group; in the camp community and in the universe of nature.

The higher values are implicit in the sitting of nature whether labeled with religious terminology or not. Achievement of a view and sense of maturity and confidence of life and universe is there.

Organized camping like this has much to contribute to the well being of the campers. Opportunity for leadership, better health, emotional stability, skills, sociability, spiritual growth, citizenship, character growth, and democratic living are among its important assets.

TYPES OF CAMP

Coed Camps

All camps are not alike, however some are far superior to other because of the type of personnel they employ, the facilities they possess and the service they render. Here are boy's camps, girl's camps and families prefer a camp of one sex only, while others prefer a Coed camp. A coed camp is often selected when there are a son and a daughter of camp age on the family, or there is a need from professional institutions to train both sexes for the professional career. Most coed camps have separate facilities for each sex with a dining hall and a main recreation hall common to both sexes.

Non private Camps

The organizations have developed several types of camps. Non private camps are called organizational or institutional camps. They vary in their operations. Some of these camps operate for a full summer season with fees as high as private camps.

Boys Scout Camps and Girls Guide Camps

The Boy Scout organization has developed different types of camps to meet the needs of Boys scout for short term and long term camping experiences and to give the Boys scout opportunities for progressive camping. Over night camps, week end camps, troop camp, day camp, established camp, gypsy trips, etc., Troop camps are planned and carried out by the troop and its leaders for over night a weekend or longer. Day camps are know as where girls or boys from many troops camp by the day on a special site near town under a special staff Expeditions, traveling camps, trip camps over a period of several years have proved to be the most successful and popular type of camping for group and handicapped too. There is different type of special camps such as music, dance, drama, horse-back riding, and training camps for games and sports, work camps, church camps, school camps, college camps, handicapped camps, etc.

AGENCIES PROMOTING CAMPING

The following agencies promoting camping in our country:-

- Religious Organizations ----- Church camps.
- Youth serving agencies ----- Scout and Guides.
- Government agencies (State, Central) ---- N.C.C., Bharat Sevak Samaj Camps.
- Educational Institution ----- Expeditions, Summer Camps, Leadership Camps.
- Private agencies ----- Camps for Handicapped people, Dancing Camps.

ORGANISATION

Many camps now follow the system of unit decentralized camping, which have been sparking plugged by the girl scouts. Here the large group is broken up into the smaller units of twelve to twenty-four campers who live more or less independently and carry on their own activity just as though they constituted a small camp of their own.

Camp Site

The camp site most be situated away from densely settled areas in order to give campers a since of independence and resourcefulness. The site should provide facilities for nature study, handicrafts, swimming and if possible boating. Tent age or housing for sleeping quarters must be provided and must give proper protection against the weather adequate first-aid equipment must be provided. Necessary firefighting equipment must be provided. Adequate precautions should be taken to ensure sanitary conditions in the camp. The petrol system must be used.

The camp should have a master's site plan for development for improvement. Blue prints or charts should be available to indicate the location of all utilities and sanitation lines. A good camp site should provide the maximum privacy. The area provided for camp site should have nature resources, to enrich an outdoor living experience to campers.

Food

For camper's point of view, food represents a major source of satisfaction or of dissatisfaction with the entire experience in the camp. Food represents 40% to 50% of the total operating budget. Food plays an important role in the camp life. A trained dieting is responsible for ordering the food, planning, menus and cooking and serving of food. He has also to supervise the cook and other workers and with directly under the mesh director. He is responsible for storage of food supply, record of menus, out trips, special food, problems, food policy and prepares a report of his experience in food service.

Business Management

Management, particularly business (financial) management has a distinct function in camping and has bearing on the social adjustment, personality development and character growth of an individual who is in camp. To have a sound foundation on financial procedure the administrator should be well versed and a capable person to hand this department nicely.

Camp committee and the director should know the financial picture of operation, statement of balance sheet in business indicating cash, property fund and liabilities etc. Resources should be shown separately in balance fund groups.

The camp director is responsible for the training process that qualifies the office personnel for its special duties. Because many items of equipment and supplies need to be moved back and forth between a camp and city headquarters, a great deal of care is to be taken to provide maximum simplicity in the records system and equipment weight.

Budget

Budgeting is a part of planning in financial terms. The following points should be considered for the implication of budget:-

1. Forecasting and estimating income and expenses over which the camp has no direct control or only partial control.

- 2. Planning involves identifying those factors that can be controlled by the camp such as number and type of staff.
- 3. Co-ordination is a matter of relating the various functions and activities of the camp to each other.
- 4. Control is the management effort to realize the plans that have been made and to adjust to outside conditions that may have changed during the operation of the plants.
- 5. Review and analysis are close to the control aspect and necessary during the course of budget operations to appraise early forecasts and plans and also to appraise the success of the control system.

The period for this leaders training camp is very short which shows that reliance on weekly statement for control of camp operations during this period is not very effective Each day income and expenditure indicate the current condition of operations as compared to be budget to be budget goal sharing experiences between camps is a valuable experience.

PROGRAMME

Concept

Successful camps are those which plan, organize and conduct their programmers carefully. An individual grows in many ways in the camp – acquiring more knowledge, achieving more skill and better condition, gaining insight into social relations increasing high power of observation enlarging his ability to relate facts to one another, maturing his attitudes toward different objects, ideas and things developing appreciation and values.

Camp activities

Nature lore, Camp Craft, Arts & Crafts, Archery, Social & Camp Games, Nature Study, Community Singing, Hiking, Camp Fire, Air-gun Shooting, Dramatics, Devotion, Small area games, Swimming, Story Telling, Cooking, Kite flying, Photography, Paper Mache, Clay Modeling and any other activities which can be developed from time to time, and suitable to the pace.



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Inaugural Programme

CAMP RESPONSIBILITIES

1. Camp Director:

Head of the camp

(Co-ordinate, camp activities through the camp council)

2. Deputy Director:

Allot responsibilities – discipline – looking after the needs of the campers and the staff – supervision, orientation and training – records and reports – council meeting – business administration.

3. Programme Director:

(Work with unit Directors, specialists and campers).

Responsible for the camp programme, plan and co-ordinate the activities – Projects – Evaluation of the programme – Posters - Equipment.

4. Health Director:

(Work with the Director)

Prevention and Sanitation - Health Inspection - First-aid, etc.

5. Mess Director:

(Work with the mess committee)

Supply and Purchase of food-stuffs, prepare Menu, food service, etc.

6. Housing Director:

(Work with housing Committee)

Accommodation and other facilities for the campers and the leaders –Grouping of campers.

7. Unit Director:

(Work with Group Leaders and Counselors)

Responsible for unit activities – e.g. attendance of unit for activities – setting up devotionhousing facilities- discipline in unit – individual and group problem – supervision of group projects, Help to meets needs of campers.

8. Councilors:

(Work with the Unit Director and Group Leaders)

Big brother attitude to unit members – looking after the needs, health and welfare of the campers, enforcing punctuality of campers, - help in the activities equipment's, areas, report sickness etc.

9. Specialist:

(Work with the programme Director)

Instruction in the particular activity – help the camper in electing and carrying out projects.







PROGRAM FOLLOWED

Nature Lore

- 1. **Appreciation of nature:-** Aesthetics, Physical & Mental Health Values, Spiritual experience in the grandeur of nature Ecology and balance in nature Economic Value of nature Recreational potentialities.
- 2. **Observation of nature:-** Identifying Flora and Fauna, Geological Strata on the banks of lakes slopes of mountains Rock formation, sand and dust formation, erosion of waterways, tracks of animals, haunts of birds, water holes, galaxies stars, planets, artificial satellites, burrows, poisonous plants, animal, bird and insect sounds, stars.

3. Collection and Preservation:-

Leaves (dehydration by pressing between blotting papers)

Eggs (draining the contents & hardening shells)

Biological specimens (Forma dehydesolution)

Mineral-stones, Seeds, Articles of artistic appeal, Mounting for exhibition, Nests & feathers, Live animals, insects, reptiles (catching & feeding)

4. Watching the weather:- cirrus clouds (cumulus, nimbus, alto nimbus, drifting in cross directions, etc.)

Direction of wind and magnitude of flow Barometric changes, sudden rises and drops. Temperature changes. Predicting fair and foul weathers.

5. Direction finding:-

Pole star, compass, sun-how, orienting with respect to known landmarks.

- 6. Measuring heights, width of rivers, time (by shadow), anticipating sunset (distance between sun and horizon).
- 7. Conservation of Nature:- General principles, camp observations as a responsible citizen.
- 8. **Craft** use of natural articles for creating comfort, how to cut wood, how to kindle fire, creativity in arts.

9. Hikes to explore nature and historic significance.

Treasure hunts (ability to interpret clues, keen observation, fun and competition).

Scavenger hunts (to collect specific items either for study or for fun or for competition).

Explorer technique (dropping pebbles to retrace, making marks on trees and rocks, mapping, sending SOS when lost and interpreting SOS signals).

10. Nature Photography.



Serenity



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Social Awareness Programme



Social Awareness Programme

CAMP GAMES

Scouting

Campers are sent out in or singly. A number of points are marked on the map at equal distance from camp. All set out at the same time, go direct and return as soon as possible Points are thus allowed. Ten points for seeing an animal, five points for seeing a bird, three points for a tree, two points for certain type of stone, one for certain type of feather. Zero for travelling back last.

The Game of Duck Fight

Take two boards about a foot square divide each in twenty five squares. Get ten nuts and ten pebbles. Give to one player and board, five nuts and five pebbles. He places these on the squares in any pattern he fancies and when ready the other player is allowed to see it for five seconds. Then it is covered up and from the memory of what he saw the second player must reproduce the pattern on his own board. He counts one for each that was right and takes off one for each that was wrong. They take turn and turnabout. The game can be modified to improve the wonderful power to see, observe and memories quickly.

The Bear Hunt

This is played by half a dozen or nine boys. Each has club about the size and shape of a Baseball club but made of straw tied around and tightly sown. One big fellow is selected for the bear. He has a school bag tightly strapped on his back and in a toy balloon fully blown up. This is his heart. On his neck is a bear claw necklace of wooden cads and claws.

The bear has three dens about one hundred yards spurt in a triangle. While in his den bear is safe. If a den is a tree or rock he is safe while touching it or climbing it. He must come our while the Chief Hunter counts 100. He must go rounds of the three till the hunt is settled. The object of hunter is to break the ballooner heart that is kill the bear. He must drop dead when the heart bursts. The hunter who kills him claims the necklace. But the bear also has a club for defense. Each hunter must bear a hat and once the bear breaks the hat that one is dead and out of hunt. He must drop where his hat falls. Tackling of any kind is forbidden.

Arrow fight

This is played between two teams. Equipments – Arrows, bows, disks and placards. Each competitor is represented by a disk.

Rabbit Hunt

Equipment – Artificial rabbits of cloth stuffed with cotton or hay. Play in a circle blind folded or from a distance. Points scored like golf.

Trailing

100 beans, 30 slices of potatoes etc.



Drawing Relay contest



Different Models



Camp Game

COMPETITION WITH IN CAMPUS

Talk Fast

Stand two players back to back. The leader holds his watch. At a signal the two turn, Face each other and talk strenuously to each other. This goes on for 30 seconds and the leader calls "stop". The judges select the winner.

Whistling Fast

Same as "Talk Fast" except that the contestants whistle instead of talking.

Laughing fast

Same as the "Talk Fast" except that the contestants whistle instead of talking.

Dog Calling Contest

Two contestants stand back to back and on the signal turn and begin calling the dog – whistling is not allowed, only calling, both call at the same time pretending that the other camper is a dog. Time called at the end of 30 second. The judge or campers pick out the winner.

Dog Barking Contest

Each of the two contestants is given 20 seconds to bark like a dog. The judges or the campers pick the winner.

Alphabet Talking

Two contestants stand facing each other. The idea is for them to talk to each other using only letters of the alphabet. The first says A, B, C, D, E, to which the second answers F, G, H, I etc. going through the alphabet twice. Judges pick the winner.

Tracker Pull

Two pairs compete at one time. One partner is the horse and on the other the rider. The horses kneel are either side of the line on the floor facing away from the line and the riders mount their back, facing in the same direction and with legs firmly wrapped round the horse's body. The rider rich back and grasp each other's wrists. At the signal they pull the other over the line. The pair loses when puller over the line or the rider dislodged from the horse.

Red-pick-up

Tie ends of a 6 feet rope together; have the contestants take hold of the loop and stretch tight. Three feet beyond each of the contest place a handkerchief on the ground in the zigzag fashion. At the signal they pull each trying to pick up the handkerchief first. One winds if he secures the handkerchief first or the other lets go of the rope.

Wand Wrestle

Contestants sit on the floor with the lower foot touching the opponents; hold a stick with both hands. At the given signal they pull. The contestant who loses the grip or leaves the ground loses. In alternate pulls change the grip of contestants.

Pat & Mike

Two blind folded antagonists are armed with a swatter. May stand or lie down any way they please grasping extended left hands. To start one of them asks "Mike where you are". His opponent ducks down, sways background and answers "Here I am". His opponent listen and hits on the spot he heard the voice. If he strikes him above the shoulders, he gets the point. They continue until one of them scores 2 or 3 points.

Cock Fighting

Contestants are permitted to hold which ever ankle they please. At the signal they top towards each other attempting to knock the other fellow off the balance. If the player releases his grip with either hand, he is defeated.

Dog fight

The contestant gets down on their hands and knees. Two towels or belts are secured about their necks. The contest is tug of war to see who can pull the other over the other over a line drawn midway between them. Should one of the player's slip the belt off his head either accidentally or otherwise, he is defeated.

Leg Wrestle

Two opponents lie on the backs on the floor with heads on opposite directions, trunk close and near arms looked at the elbows. Three counts are given. On the First each player lifts the leg nearest to the opponents to a vertical position, on the second he brings it back to the floor, on the third he lifts it again, hooks his opponent's leg and attempts to roll him over backward. Three trails may be given.

Hand Push

Two contestants stand facing each other, feet together, with arms bent at elbows and hand facing the opponent. On the signal each tries to push the other pushing only the hand. The one who is thrown off the balance is defeated or the one who misses hitting the hand is defeated. Best of three chances may be given.

Pillow Fight

Two contestants stand on the plank 8 ft. long supported at each end 2 ft. above the ground, facing each other. A pillow is given to each contestant to hit his opponent and unbalance him. Blows may be warded off with the free hand but it is a foul to grasp the opponent's pillow or stick him with the free hand. The object is to unbalance the opponent and throw him to the ground. Best of three trails may be given. Ends may be changed after each trail.

CAMP CRAFT

Camp craft is the term generally used to describe the skills needed for comfortable living out of doors. These skills usually include rope work, trailing, mapping and erecting or building of shelters. These skills and activities that grow from them are the basis of a good camping programme.

The main objective of leader's training camp, pertaining to the camp craft, is to give emphasis on learning to know and to use above mentioned skills in camp craft and to enjoy the out of doors. Learning is to live with moods as well as in the woods means that a good camper is a good woodman, a good cook and a fire builder, a good conservationist.

Knotting:

Sailor's horsemen and horsemen all make great use of knots in their daily work. The necessary skills of knotting, braiding were widely used by those who lived in pioneer days in U.S.A. crafts for leisure hours grew from these shills.

Material:-

Rope in many sizes. Knots commonly used in craft project.
Half knot: A simple knot used as beginning of other knots.
Over hand knot: Used as a stopper knot.
Square knot: Joints two ends of similar sized rope.
Triangle knot or weavers knot: Joints two ends of different size.
Clave hitch: Used to fasten one end to a bar pole etc.
Half hitch: Used to make an end fast temporarily

Head: Used for fastening sir ands to a buckle etc.

PREPARING POT HOOKS OF ATLEAST 1" THICK, WOOD TENT PEGS AND OUTDOOR RAKES.

Pot Hooks:

Mutt pegs:

Outdoor Rake:

Practical demonstration and giving knowledge pertaining to poisonous plants and if possible snakes.

Hiking, trailing etc.: How to hike, where to hike, kinds of hikes, trailing and stalking etc.

How to prepare a fire: Kindling soft wood, some general hints about fires, and kinds of fires.

Tents and shelters:

Types of tents (Umbrella tent, wall tent or any other type of tent which may be used in

the camp)

Use and care of tent: Practical demonstration should be given how to pitch a tent, folding the tent etc.

Umbrella Tent:

DIRECTIVES TO THE CAMPERS

• Camping is educations. Every experience in camp adds to the learning of the individual. Adjust to the camp life with the intention of gaining new experiences for personal development.

• Observe the rules and regulations which are the good of all and are expected to be followed.

• **Decorum and Dignity** must be observed by campers in their relationship with each other.

•Selfishness has no place is a camp. Use every facility in consideration of other.

• Cleanliness, hygiene and sanitation of camp site is an absolute necessity. Throw rubbish, food remains etc. in the garbage pits allotted for this purpose.

• Bath, toilet and other personal needs should be attended to at the time allotted.

• Good health is necessary to enjoy the camp life. Take care of injuries and report sickness immediately.

• **Rest** is important in camp as activities. Avoid sickness by relaxation and enough sleep. Afternoon rest period and the time between 10 P.M to 6 A.M are meant for this purpose. Abstain from any activity during this period and observe complete silence.

• **Punctuality** and participation bring success to the camp programme. Report on time and enjoy activities till the period is over.

• **Co-operation** and group effort produce better result. Share responsibility and do your best. Make friends with others and work for the welfare and success of the group.

CAMP FIRE OPENING CEREMONY

This ceremony taken from the Omaba Tribe of North American Red Indians may be used to secure a sense of romance in the camp fire opening programme. Some such ceremony has the important value of securing from the very outset an orderly response from the whole group. There is a distinct advantage in having all the campers seated in a circle so that they will face each other and the presiding 'Chief. This formation enables everyone to see all that is going on encourages all to take part and assists in the maintenance of god order.

The ceremony is best performed by eight campers but if necessary it may be put on by one person. When there are eight boys, one of them (the smallest) may act as torch bearer and one of the other seven, each take one of the speaking parts numbered 1 to 7. The torchbearer will carry the torch from one of the other as they rise in turn to carry out their parts. After cach 'Noonway' all the campers will answer with the long intonation 'NOONWAY. (Amen or this our prayer). After the campers are all seated in the Council ring, the selected campers, dressed in some appropriate costume, will enter with slow step, take their seats around the fire wait until are silent and then say their parts as follows:

1.	Hear You My Friends: We are gathered for a council of fellowship and
	friendly contest. We shall first light the fire to cheer and brighten our activities (Calls to
	Torchbearer) Ho! Torchbearer! Bring the torch! (Lights fire with torch). Let the light of this
	fire purify our thoughts and its warmth kindle within us kindly and noble feelings-Hay Oon
	Kee Ya-"Noonway' (All will repeat 'Noonway").
2.	(Raising the torch high over the head) To Wakonda, the one Great Spirit
	that his wisdom is upon us. Hay Oon Kee Ye-'Noonway" (All will repeat "Noonway').
3.	(Pointing the torch to the ground) To make Ina, Mother Earth, that the
	send us food. Hay Oon Kee Ya-"Noonway".
4.	(Pointing torch to West) To Weeyo-Peeyata the Sunset wind that he come
	not in his strength upon us. Hay Oon Kee Ye-'Noonway".
5.	(Pointing torch to North) To Waziyata, the North wind that he comes not
	in his strength upon us. Hay Oon Kee Ya-"Noonway".
6.	(Pointing torch to East) To Weeyo- hin-pata, the sunrise wind that he come
	with his rains to bless our crops. Hay Oon Kee Ya-Noonway".
7.	(Pointing torch to South) To Okaga, the hot wind, that he strike us not with
	his fierce heat, Hay Oon Kee Ya-'Noonway".
8.	(Raising torch high overhead) wakonda make this torch and fire symbols of
	light and life. We ask Thee to be with us and make our Council a family united in over with
	Thee as the father of all, Hay Oon Kee Ya-Noonway"

The torch bearer shall than take the torch and follow around the Council Ring and each of them rise as he comes to them and thus in single file wind their way out of the Council Ring and close the ceremony.

CAMP FIRE LIGHTING CEREMONY

The following six objectives of camping are personified and they enter the Council Ring one by one with an unlighted torch and go round the heap of the wood with slow steps, finally, they stand around and as they say their parts they light their torch and raise it overhead. After each one has said his part and lighted the torch they set fire to the pile of wood and call upon the Fire Spirit and the Supreme Being to sanctify the camp fire Activities.

Spirit of Character:

"I am the spirit of Character who is spotless. With my presence in the camp, there shall be Purity, Unselfishness, Sportsmanship and Respect for all in thought, word and deed of all the campers. Their character shall be as pure as the flame of my torch".

Spirit of Health:

"I am the spirit of Health. I shall give strength to the body, mind, and the spirit of the campers. I shall keep them free from all sickness moral, mental and physical. They shall be as powerful as the flame of my torch".

Spirit of Democracy:

"I am the Spirit of Democracy. I shall prevail over the privileges and duties of the campers. I shall enable them to establish self-Government, self-discipline and self-sacrifice. My torch is the symbol of equality of all human beings like the flames of all kinds of fire".

Spirit of friendship:

"I am the Spirit of Friendship. I shall establish understanding, loyalty, co-operation and love amongst all the campers. Their love shall be as bright as the brightness of my torch".

Spirit of Citizenship:

"I am the Spirit of Citizen. I shall make the campers a happy community. They shall develop patriotism, leadership, fellowship and consideration for others, and above all the love God and service to mankind, irrespective of race, caste, colour or creed. They shall feel as the flame of my torch".

Spirit of Fun and Happiness:

"I am the Spirit of Fun and Happiness. I shall be in the camp through rain or sunshine. I shall replace the hardships and difficulties of camp life. The flame of my torch is like the cheer-fullness which overcomes all troubles".

All the Spirit:

"We put torches to light your campfire (First one leads and all present repeat after him.) Let this fire purify our thoughts and action and make us a community united in live for the glory of God, Country and Mankind".



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CAMP FIRE PROGRAMME

CAMP SONGS

WE SHALL OVERCOME

We shall overcome (2) We shall overcome some day Deep in my heart. I do believe We shall overcome some day We walk hand in hand (2) We walks hand in hand some day Black and white together (2) Black and white together some day We are not alone (2) We are not alone some day Deep in my heart. I do believe We shall overcome some day

DEVOTOINAL SONGS

JACOBS LADDER

We are climbing Jacob's ladder We are climbing Jacob's ladder We are climbing Jacob's ladder Soldiers of the cross Every round goes higher, higher, Every round goes higher, higher, Every round goes higher, higher, Soldiers of the cross Sinner, do you love my Jesus? If you love him why not serve him? We are climbing higher, higher.

ROW YOUR BOAT

Row, row, row your boat, Gently down the stream Merrily, merrily (2) Life is but a dream

PICK THEM UP

Bits of paper (2) Lying on the ground (2) Make the place untidy (2) Pick them up (2)

NOW COME ALL

Now come all, say goodnight While the shadows steal – Into the evening light In each living glowing ember There are friendships to-Remember, so well sing one last goodnight, goodnight Goodnight

GOOD NIGHT TO YOU ALL

Good night to you all and sweet Be your sleep May silence surround you? Your slumber be deep Good-night, good-night Good-night,good-night.

CHORUS

GING GANG GOOLI GOOLI

Ging Gang Gooli, Gooli, Gooli, Gooli Watch Her Ging Gang Go, Ging Gang Go. Hey La, Hela Shayla, He La Ho, Shally Wally, Shally Wally (2) Umba, Umba, Umba.

COMMUNITY SONGS

CAMP FIRE BURNING

Camp fire burning (2) Draw nearer, draw nearer In the glooming, in the glooming Come sing and be merry

I SAY KA ZOOMBA

I say ka zoomba (2) zaya I say ka zoomba (2) zi Hold him down you warrior Hold him down you swarthy chief, Chief, chief, chief etc.

500 MILES

If you miss the train I'm on, You will know that I am gone You can hear whistle blow 100 miles, 100 miles, 100 miles 100 miles, 100 miles Lord I'm one, Lord I'm two, Lord I'm three Lord I'm four Lord I'm 500 miles from the home. 500 miles, 500 miles, 500 miles, 500 miles, 500 miles Not a shirt on my back, Not a penny to my name. Lord I can't go back home this a way This a way, this a way This a way, this a way Lord I can't go back home this a way (Repeat last verse)

CLAMENTINE

O my darling, O my darling, O my darling, Clementine You are lost and gone forever Deadful sorrow, Clementine In a certain, in a canvon, Excavating for a mine, Lives minor, forty niner, And his daughter Clementine // Light she was and like a fairy And her shoes were number nine, Herring boxes minus topes, Sandals were for Clementine.// Drove she duckling, to the water Every morning just at nine, Studded her the upon a splinters Fell into the forming brine. Then we all rushed to the rescue: Threw a lanky piece of pine But she sank before it reached her So I lost my Clementine Then the minor, forty-niner He began to peak and nine. Though he ought to join his daughter, Now he's with my Clementine.

CAMP FIRE BURNING

Camp fire burning, Camp fire burning Draw nearer, Draw nearer In the glooming. In the glooming Come sing and be merry.

DAY IS DONE, GONE THE SUN

Day is done, Gone the sun, From the lake, From the hills, From the sky; All is well, Safely rest, God is nigh.

NATIONAL ANTHEM

Jana gana mana adhinayaka jaya he Bharata bhagya bidhātā Pañjāba Sindhu Gujaratha Marāthā Dravira Utkala Banga Bindhya Himachala Yamuna Gangā Ucchala jaladhi taranga Taba subha name jāge Taba subha name jāge Gähe taba jaya gāthā Jana gana mangala dayaka jaya he Bharata bhagya bidhata Jaya he jaya he jaya he Jaya jaya jaya jaya he

CAMP UNITS

UNIT-1 AMAZON

CAPTAIN-PIYALI PURKAIT (6295720062) VICE CAPTAIN - AVIJIT GAYEN (9800307813) JANAKI BARMAN (9547264378)

BOY'S

SL.	NAME	ROLL.
NO	BPEd SEM-1	NO
1	GOURAB KR. ROUTH	60
2	SUBHAJIT MONDAL	86
3	SUBHAJIT MONDAL	87
4	ANUPAM MONDAL	93
5	KHAKAN MAHATO	62
6	BAPAN DHAL	57
7	MADAN MAHAN BALLAV	94
8	SOYEL SABBIR MIA	84
9	SANDIP MONDAL	77
10	UJJAL SUBBA	92
11	MOHERNDRA MURMU	63
12	SOUMEN MAITY	83
	BPEd SEM-3	
13	SANATH HANSDA	71
14	DINESH DUTTA	18
15	BIPLAB GAYEN	13
16	SANJIB RABIDAS	77
17	SUSOVAN CHANDA	97
18	APURBO MARDI	05
19	AVIJIT GAYEN	08
20	PALLAB KUMAR HALDER	44
21	MONGAL NAIYA	35
22	SANDIP GIRI	74

SL.	NAME	ROLL.
NO	BPEd SEM-1	NO
1	SHEULI MONDAL	40
2	BARSHA MONDAL	08
3	RAJASHREE MANDI	32
4	ARATI DAS	06
5	JANAKI BARMAN	12
6	SARIFA KHATUN	38
7	TITHI CHATTERJEE	51
8	RUBI BAURI	36
9	PRAGATI PATRA	24
10	KALYANI BARMAN	16
11	PIYALI DAS MAHAPATRA	23
12	MOUMITA KUILA	19
	BPEd SEM-3	
13	KRISHNA NEOGI	30
14	RAKHI HALDER	58
15	ANIMA KUNDU	04
16	SOMA MURMU	87
17	NILANJANA ROY	41
18	RIYA SINGH	66
19	PIYALI PURKAIT	43
20	MAHUYA ROY	31
21	ANANYA DOLAI	03
22	TUMPA BARMAN	100

UNIT-2 KAKAMEGA

CAPTAIN- SOUMITRA DINDA (8348631219) VICE CAPTAIN- KRISHNA DAS (7029140734) SHIPRA HAZRA (8637883327)

BOY'S

SL.	NAME	ROLL.
NO	BPEd SEM-1	NO
1	SUMAN MANNA	89
2	NITISH DAS	68
3	MRINMAY SAU	66
4	DHARMARAJ SINGH	59
5	RUHUL MIA	73
6	ATANU GHORA	56
7	PURNA CHANDRA MANDI	71
8	AMARESH SING	55
9	PRITHWIRAJ SAREN	70
	BPEd SEM-3	
10	SANDIP KOLEY	75
11	TUHIN DAS	99
12	DEBANJAN JANA	15
13	RAHUL MONDAL	55
14	SURAJIT HANSDA	95
15	ABDUL MATIN	1
16	ASHIQ IKBAL SHAH	7
17	MANIRUL SK	34
18	MRINMOY DUTTA	39
19	SOUMITRA DINDA	89
20	GAGANDIP SINGH	23

SL.	NAME	ROLL.
NO	BPEd SEM-1	NO
1	PRIYANKA BARUI	27
2	SHIPRA HAZRA	41
3	PRAGYA PARAMITA DAS	25
4	PALLABI MONDAL	22
5	APARNA BARMAN	05
6	BAISAKHI MALI	07
7	SIMA BARMAN	44
8	PRIYANKA DAS	28
9	SHARMISTHA NAYAK	39
10	RIDDHITA ROY	34
11	MITA PRADHAN	18
12	MOUSUMI GHORAI	20
13	SHREYA SARKAR	43
	BPEd SEM-3	
14	KRISHNA DAS	29
15	BAHAMONI MANDI	10
16	PUJA MAHATO	52
17	SALMA KHATUN	70
18	SUJATA SABAR	91
19	KABITA MAHATO	24
20	NILIMA SARDAR	42
21	MOUMITA MAITY	38
22	PREETI MAL	48
23	PRIYA BHANJA	50

UNIT-3 PANDO

CAPTAIN – SIDHU MANDI (7319484871) VICE CAPTAIN- PARAMITA SAMUI (9635978280) SUPRAMA PAUL (9477500275)

BOY'S

SL.	NAME	ROLL.
NO	BPEd SEM-1	NO
1	SUBHA RAY	85
2	NANTU KUMAR BAG	67
3	MANBIR MURMU	64
4	THAKUR CHAND HEMBRAM	91
5	CHAYANTEECK DHARA	58
6	SANDIP SINGHO	78
7	SARAJ KUMAR DAS	80
8	RAHUL MURMU	72
9	SAMIR JANA	76
10	SABUJ DAS	74
	BPEd SEM-3	
11	ASHISH SUTRADHAR	06
12	CHINMOY PAL	14
13	KALYAN LAYA	25
14	RITWIK MAHATA	65
15	SIBURAM SING	83
16	SIDHU MANDI	84
17	BAPPI DAS	11
18	MAMUD SARKAR	33
19	NAJRUL MD	40
20	RAJARAM MONDAL	56
21	RAMBILAS HANSDA	59

SL.	NAME	ROLL.
NO	BPEd SEM-1	NO
1	JAYITA BARMAN	13
2	KAKUN BARMAN	15
3	NURIMA KHATUN	21
4	ANKITA MUKHARJEE	04
5	JIRIHIRI HEMBRAM	14
6	TANUSHRI MAHATA	50
7	SUPRAMA PAUL	47
8	SHOVA PATRA	42
9	SUSMITA MAHATA	48
10	PRITHA BISWAS	29
11	PRIYA MONDAL	26
12	RINA MANDI	52
13	NIBEDITA DEY	53
14	SUBHASHRI MONDAL	46
	BPEd SEM-3	
15	KANIKA BARMAN	26
16	PARAMITA SAMUI	45
17	PUJA MONDAL	53
18	SHYMALI SAMANTA	82
19	SUMANA BAG	93
20	AMINA KHATUN	02
21	AYESHA JULAKHA	09
22	PARNA CHOWDHURY	46
23	SANGITA MONDAL	76
24	SHILPA GHOSH	80

UNIT-4 TARKINE

CAPTAIN- RIMPA SANTRA (6297319572) VICE CAPTAIN - SOMNATH MAJI (8768837642) SUTAPA SHIT (9734102579)

BOY'S

SL.	NAME	ROLL.
NO	BPEd SEM-1	NO
1	SATYA SUNDOR SHOO	81
2	TAPAS SAREN	90
3	SAGEN MANDI	75
4	SANJOY SANTRA	79
5	SAMIR DAS	95
6	ABHIJIT SING	54
7	NUR SELIM	69
8	MD AJIJUL RAHAMAN	65
9	JOYANTA MANDAL	61
10	SOMNATH PAHARI	82
11	SUSANTA DAS	96
BPEd SEM-3		
12	SUPRIYA DAS	94
13	RIPON BARMAN	64
14	SOMNATH MAJI	88
15	RANJAN ROY	60
16	DEBARGHYA DOLUI	16
17	EKTARUL HOQUE	21
18	PURNA CHANDRA PRADHAN	54
19	RANJAN SING	61
20	ROHIT BARMAN	67
22	SANDIP BARAI	73

SL.	NAME	ROLL.
NO	BPEd SEM-1	NO
1	PUJA YADAB	30
2	SUTAPA SHIT	49
3	RANI HANSDA	33
4	SIMA SARKAR	45
5	ANAMIKA BARMAN	01
6	MALLIKA TUDU	37
7	ANIMA BARMAN	02
8	ANJALI BAURI	03
9	CHANDRABATI DAS	09
10	ISHIKA BAURI	11
11	RITWIKA SAMANTA	35
12	PUSPA MAHATA	31
13	DIPALI HAMBROM	10
	BPEd SEM-3	
14	MAMPI BHANDARI	32
15	RIMPA MONDAL	62
16	MOUMITA DAS	37
17	SAGARIKA KANDAR	69
18	TAPASI SAREN	98
19	PRERONA BANERJEE	49
20	RIMPA SANTRA	63
21	SANCHITA DENRE	72
22	SUCHITRA CHOWDHURY	96

PROGRAMME DETAILS

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Date	Programme	Time
	Journey Start to Barabantalia High School by Bus	11:00 am
	Assembly, Attendance, & Room Distribution	1:00 pm – 2:00 pm
	Campus Cleaning, Room decoration	2:00 – 3:30 pm
	*Tiffin : UNIT-4 TARKINE	3:00 – 3:30 pm
	*Recreational Activities & Sports	4:00 – 5:00 pm
17.12.2022	Assembly, Attendance	5:00 – 5:15 pm
	*Evening Tea & Snacks : UNIT-4 TARKINE	5:30 - 6:00 pm
	*Camp Fire Program : UNIT-3 PANDO	6:00 – 8:00 pm
	All Unit Captain & Leader Meeting	8:00 – 8:30 pm
	*Dinner: UNIT-4 TARKINE	8:30 – 9:30 pm
	Light off (Except Common Place)	10:00 pm
	Rising Call : Camp Leader	5:30 am
	*Morning Tea : UNIT-2 KAKAMEGA	6:15 am
	Assembly, Attendance, Prayer, Flag Hoisting: Concern Unit Captain, (College & Dept. Flag)	6:30-6:45 am
	*Inspection of Camp Unit	6:45-7:00 am
	Conditioning Exercise	7:00-8:00 am
	*Campus Cleaning	8:00-8:30 am
	Break-fast : UNIT-2 KAKAMEGA	8:45-9:30 am
	Personal Cleaning (Bath)	9:30-10:30 am
18.12.2022	Opening Ceremony	11:00-12:30 pm
	*Lunch: UNIT-2 KAKAMEGA	1:00-2:00 pm
	Tutorials & Camp Fire Preparation	3:00-4:00 pm
	*Recreational Activities & Sports (Special Programme)	4:00-5:00 pm
	Assembly, Attendance, Lowering the Flag	5:00-5:15 pm
	Evening Tea : UNIT-2 KAKAMEGA	5:30-6:00 pm
	* <i>Camp Fire Programme :</i> UNIT-4 TARKINE	6:00-8:00 pm
	All Unit Captain & Leader Meeting	8:00-8:30 pm
	*Dinner UNIT-2 KAKAMEGA	8:30-9:30 pm
	Light off (Except Common Place)	10:00 pm
	Rising Call : Camp Leader	5:30 am
	*Morning Tea : UNIT-1 AMAZON	6:15 am
	Assembly, Attendance, Prayer, Flag Hoisting: Concern Unit	
	Captain, (College & Dept. Flag)	6:30-6:45 am
	*Inspection of Camp Unit	6:45-7:00 am
	Conditioning & Meditation	7:00-8:00 am
	*Campus Cleaning	8:00-8:30 am
	Break-fast : UNIT-1 AMAZON	8:45-9:30 am
	Personal Cleaning (Bath)	9:30-10:30 am
19.12.2022	*Camp Games (Special Programme)	10:45 am -12:30 pm
	*Lunch : UNIT-1 AMAZON	1:00-2:00 pm
	Community Sports (Special Programme)	3:00-5:00 pm
	Assembly, Attendance, Lowering the Flag	5:00-5:15 pm
	Evening Tea : UNIT-1 AMAZON	5:30-6:00 pm
	* <i>Camp Fire Programme :</i> UNIT-2 KAKAMEGA	6:00-8:00 pm
	All Unit Captain & Leader Meeting	8:00-8:30 pm
	The one cuplant a Leader mitting	0.00 0.00 pm
	*Dinner : UNIT-1 AMAZON	8:30-9:30 pm

Date	Programme	Time
	Rising Call : Camp Leader	5:30 am
	*Morning Tea : UNIT-3 PANDO	6:15 am
	Assembly, Attendance, Prayer, Flag Hoisting: Concern Unit Captain, (College & Dept. Flag)	6:30-6:45 am
	*Inspection of Camp Unit	6:45-7:00 am
	Hiking, Awareness Programme (Break Fast – UNIT-3 PANDO)	
	Personal Cleaning (Bath)	11:30-12:30 pm
	*Lunch : UNIT-3 PANDO	1:00-2:00 pm
20.12.2022	Tutorial & Camp Fire Preparation	3:00-4:00pm
	*Recreational Activities & Sports (Special Programme)	4:00 pm -5:00 pm
	Assembly, Attendance, Lowering the Flag	5:00-5:15 pm
	Evening Tea: UNIT-3 PANDO	5:30-6:00 pm
	*Camp Fire Programme : UNIT-1 AMAZON	6:00-8:00 pm
	All Unit Captain & Leader Meeting	8:00-8:30 pm
	*Dinner : UNIT-3 PANDO	8:30-9:30 pm
	Light off (Except Common Place)	10:00 pm
	Rising Call : Camp Leader	5:30 am
	Morning Tea (Selective House Members)	6:15 am
	Assembly, Attendance, Prayer, Flag Hoisting: Concern Unit	0.15 am
	Captain, (College & Dept. Flag)	6:30-6:45 am
	Inspection of Camp Unit	6:45-7:00 am
	Conditioning Exercise	7:00-8:00 am
	Conditioning Exercise Campus Cleaning	8:00-8:30 am
	Break-fast (Selective House Members)	8:45-9:30 am
21.12.2022		9:30-10:30 am
	Personal Cleaning (Bath) Camp fire Arrangements	
	Lunch (Selective House Members)	10:30-1:00 pm
	Camp fire Rehearsal	1:00-2:00 pm 3:00-4:00 pm
	*	4:00-4:30 pm
	Recreational Activities & Sports (Special Programme) Assembly, Attendance, Lowering the Flag	4:30-4:45 pm
		4:45-5:00 pm
	Evening Tea :Reception Team	1
	Camp Fire Programme (Selective House Members)	5:30-8:00 pm
	All Unit Captain & Leader Meeting Dinner : Selective House Members	8:00-8:30 pm
	Camp Members Get Together	8:30-9:30 pm
	Light off (Except Common Place)	9:30-10:30 pm 11:00 pm
	Rising Call : Camp Leader	5:45 am
	Assembly, Attendance, Prayer & Reporting	6:30-6:45 am
22 12 2022	Re-Arrange of Camp Location (All Unit Members)	6:45- 7:15 am
22.12.2022	Morning Tea (Reception Team)	7:15-7:30 am
	Packing up	7:30 - 8:00 am
	Dismantling of Camp Area & Journey to Mugberia Gangadhar Mahavidyalaya by Bus	8.00 am
	Assembly at Mugberia Gangadhar Mahavidyalaya	10:00 am

*Competition for the judgement of Champion Unit.

SENTRY DUTY BARABANTALIA HIGH SCHOOL

DATE	TIME	UNIT
17.12.22 – 18.12.22	1:00 pm – 7:00 am	UNIT-1 AMAZON
18.12.22 – 19.12.22	7:00 am – 7:00 am	UNIT-3 PANDO
19.12.22 - 20.12.22	7:00 am – 7:00 am	UNIT-4 TARKINE
20.12.22 - 21.12.22	7:00 am – 7:00 am	UNIT- 2 KAKAMEGA
21.12.22 - 22.12.22	7:00 am – 6:00 am	UNIT- 1,2,3,&4

MESS DUTY

DATE	UNIT
17.12.22 – 18.12.22	UNIT-4 TARKINE
18.12.22 – 19.12.22	UNIT- 2 KAKAMEGA
19.12.22 - 20.12.22	UNIT-1 AMAZON
20.12.22 - 21.12.22	UNIT-3 PANDO
21.12.22 - 22.12.22	UNIT- 1,2,3,&4

ARRANGEMENTS OF CAMP FIRE PROGRAMME

DATE	UNIT
17.12.22 – 18.12.22	UNIT-3 PANDO
18.12.22 - 19.12.22	UNIT-4 TARKINE
19.12.22 - 20.12.22	UNIT- 2 KAKAMEGA
20.12.22 - 21.12.22	UNIT-1 AMAZON
21.12.22 - 22.12.22	UNIT- 1,2,3,&4



SPECIAL PROGRAMMES

DATE	7:00-8:00 am	8:00-9:00 am	3:00-4:00 pm	4:00-5:00 pm
17/11/22	***	***	***	Recreational Activity & Sports
18/11/22	***	***	Tutorial & Camp Song	Painting Relay
19/11/22	Flag Snatching	Cooking Competition	Community Sports &	Awareness Programme
20/11/22	Half da	y Hiking	Paper Model	Treasure hunts
21/11/22	***	***	***	***

CAMP RESULT- 2023

CHAMPION UNIT - (PANDO Unit - III)

BEST CAMPER MALE = RITWIK MAHATA (Pando Unit – III)

BEST CAMPER FEMALE = ANKITA MUKHERJEE (Pando Unit - III)

BEST INDIVIDUAL CULTURAL PERFORMACE (M)- Somnath Pahari (Tarkine Unit- IV)

BEST INDIVIDUAL CULTURAL PERFORMACE (F)- Priya Bhanja (Kakamega Unit-II)

BEST ELECTRICIAN - Madan Mohan Ballav (Amazon Unit-I)

BEST GAMES & SPORTS ORGANIZER - Purna Chandra Mandi (Kakamega Unit - II)

BEST STORE KEEPER - KLYAN LAYA (Pando Unit - III)

BEST HEALTH & SANITATION PERFORMER – Abdul Matin (Kakamega Unit- II) &. Najrul MD (Pando Unit – III).

MESS DUTY		
POSITION	UNIT	
1 st .	Amazon	
2 nd	Kakamega	
3 rd	Tarkaine	
4th	Pando	

COOKING COMPETITION		
POSITION	UNIT	
1 st .	Pando	
2 nd	Tarkine	
3 rd	Kakamega	
4th	Amazon	

CAMP GAMES		
POSITION	UNIT	
1 st .	Tarkine	
	Amazon	
2^{nd}	&	
	Kakamega	
3 rd	Pando	

ROOM DECORATION		
POSITION	UNIT	
1^{st} .	Pando	
2^{nd}	Amazon	
3 rd	Kakamega	
4th	Tarkine	

PAINTING RELAY		
POSITION	UNIT	
1 st .	Tarkine	
2^{nd}	Amazon	
3 rd	Kakamega	
4th	Pando	

TREASURE H	TREASURE HUNT & HIKING	
POSITION	UNIT	
1^{st} .	Kakamega	
2^{nd}	Pando	
3 rd	Amazon	
4th	Tarkine	

POSITION	UNIT
1^{st} .	Amazon
2 nd	Kakamega
3 rd	Pando
4th	Tarkine

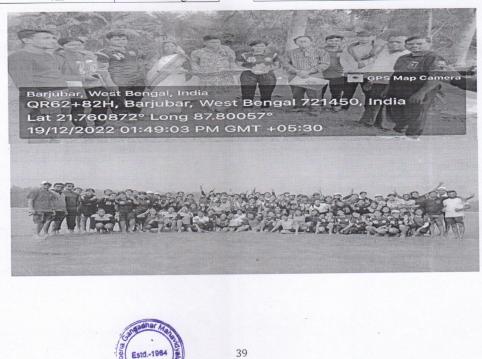
PAPER MODEL		
POSITION	UNIT	
1^{st} .	Kakamega	
2 nd	Amazon	
3 rd	Pando	
4th	Tarkine	

CAMP FIRE		
POSITION	UNIT	
1 st .	Tarkine	
2 nd	Kakamega	
3 rd	Amazon	
4th	Pando	

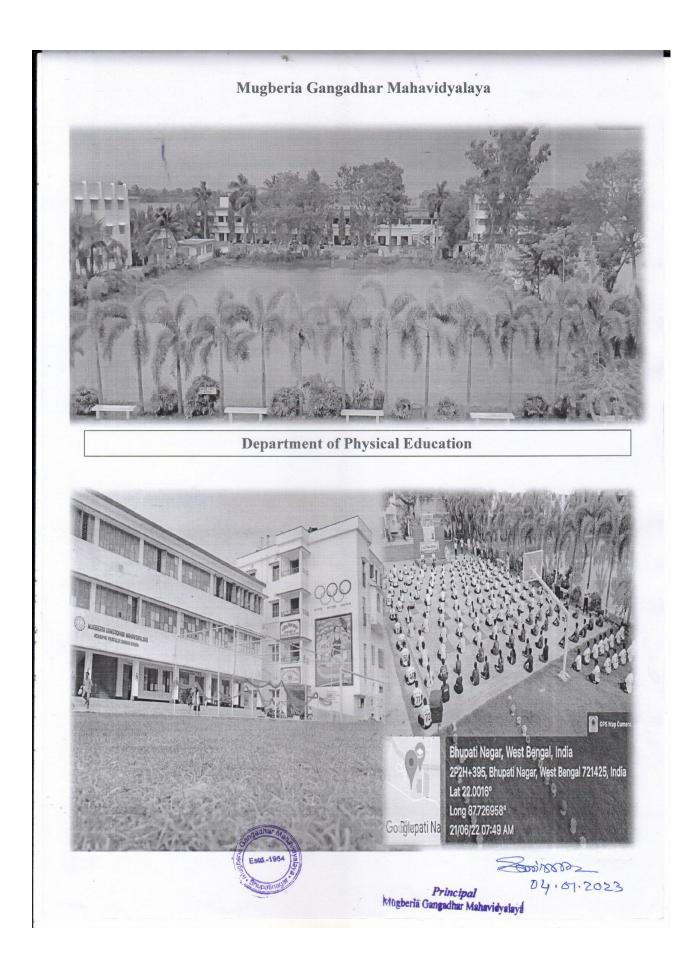
MOST DECIPLINE UNIT	
UNIT	
Pando	
Tarkine	
Amazon	
Kakamega	

SAND ART		
POSITION	UNIT	
1 st .	Amazon	
2 nd	Pando	
3 rd	Kakamega	
4th	Tarkine	

SENTRY DUTY		
POSITION	UNIT	
1 st .	Pando	
2 nd	Tarkine	
3 rd	Kakamega	
4th	Amazon	



Principal 04.01.2028 Mugberia Gangadhar Mahavidyalaya



Mugberia Gangadhar Mahavidyalaya



Department of Physical Education

